

HAPPINESS & CULTURE – 90701 ANT 205N H2
 CORNELL SOCIAL SCIENCES ROOM 135
 WEDNESDAYS 6:45PM – 9:15PM
 Professor: Dr. Bahiyyah Maroon.
 Contact email: bmaroon@rollins.edu. Contact Phone: 415.823.8277
 Office Hours: By Appointment

COURSE SCHEDULE

DESCRIPTION OF REQUIREMENTS	Class Date
• Course Introduction	Aug. 26
• Complete “Happy Is” Film • Complete “Happy” Film • Weekly Activity Submission	Sept. 2
• Read Chapter 8 in “Pursuit of Happiness” • Weekly Activity Submission	Sept. 9
• Read “Being Alive Well” Pages 14 – 19, Pages 59 - 80 • Weekly Activity Submission	Sept. 16
• Complete “Free the Mind” Film • Read Chapter 11 in “Pursuit of Happiness” • Weekly Activity Submission	Sept. 23
• Read Chapter 6 in “Pursuit of Happiness” • Weekly Activity Submission	Sept. 30
• Read Chapter 7 in “Pursuit of Happiness” • Weekly Activity Submission	Oct. 7
• Read Chapter I in “Culture & Senses” • Weekly Activity Submission	Oct. 14
• Complete “Enlighten Up” Film • Read “Culture & Senses” Pages 111 -116 & Pages 126 - 131 • Weekly Activity Submission	Oct. 21
• Complete “Alive Inside” Film • Complete “The Brain Inside” Film • Assignment One Due (Essay)	Oct. 28
• Read Chapter 10 in “Pursuit of Happiness” • Weekly Activity Submission	Nov. 4
• Complete “A Hero’s Journey”	Nov. 11

<ul style="list-style-type: none"> • Read “We Live in the World & the World Lives in Us” PDF • Weekly Activity Submission 	
<ul style="list-style-type: none"> • Complete “15 Reasons to Live” Film • “National Differences in Subjective Wellbeing” PDF • Weekly Activity Submission 	Nov. 18
<ul style="list-style-type: none"> • No Class Thanksgiving Break • Work on Assignments Two and Three • Read Chapter 10 in “Culture & Senses 	Nov. 25
<ul style="list-style-type: none"> • Term Assignment Two Due (In Class Presentation) • Topic Statement Term Assignment Three Due 	Dec. 2
<ul style="list-style-type: none"> • Term Assignment Three Due (Essay) 	Dec. 9

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COURSE SYLLABUS

COURSE DESCRIPTION:

This course draws on anthropology and interdisciplinary insights to guide students in an exploration of happiness and wellbeing in cultural contexts. We will learn about understandings of happiness and wellbeing through cultural frameworks including emotions, beliefs, and the body. During the term we will consider cases in global contemporary cultures including America, Ghana, Japan, the Cree Nation of Canada, China, and India.

REQUIRED TEXTBOOKS:

Matthews, G., Izquierdo, C. (Eds.). (2009). Pursuits of Happiness: Well Being in Anthropological Perspective. Brooklyn, NY: Berghahn Books. **ISBN-10:** 1845457080
Estimated Cost is \$30.00

Geurts, K.L. (2003). Culture and the Senses: Bodily Ways of Knowing in an African Community. Berkeley, CA: University of California Press **ISBN-10:** 0520234561
Estimated Cost is \$30.00.

Adelson, N. (2000). 'Being Alive Well': Health and Well. Toronto, Canada: University of Toronto Press. **ISBN-10:** 0802083269 Estimated Cost is \$25.00.

COURSE FILMS:

"Happy" – Available on Amazon (3.99), Hulu (free) & Netflix

"Happiness Is" – Available on Amazon (3.99) & Hulu (free)

"Free the Mind" - Available on Amazon (2.99) & Netflix

"Enlighten Up" – Available on Hulu (free), Amazon (2.99)

"Alive Inside" – Available on Amazon (2.99), Netflix

"The Brain Inside" – Available on Amazon (3.99), Vimeo (4.99)

"A Hero's Journey" – Available on Vimeo (free)

"15 Reasons to Live" – Available on Amazon (2.99)

COURSE EXPECTATIONS

Credit Statement: This course is a four credit-hour course. The value of four credit hours results from work expected of enrolled students both inside and outside of the classroom. Rollins' faculty require that students average approximately three hours of outside work for every hour of scheduled class time. In this course, the additional outside of class expectations involve learning how to conduct research deploying social science methods including interviewing, surveying, document research, and participant observation. In addition you will have opportunities to enhance critical thinking abilities through writing assignments.

You will be graded in three areas of work, which are class participation, weekly activities, and term assignments. There are three term assignments during the semester. Both class participation and weekly activities constitute weekly graded work.

Weekly Activities: You will have an opportunity to gain hands on practice with social science research methods including surveying, interviewing, and participant observation during the course. As well, you will refine your writing and critical thinking skills in response to readings and films in the course. Weekly activities are to be completed in conjunction with required completion of all assigned readings and or multimedia content. Required weekly activity descriptions are provided to students with instructions given in class as well as take home hand outs with the expectations and directions.

Class Participation: When in class you will receive a participation grade each week. To receive a full grade you must a) take notes, b) contribute to discussions, c) be an active learner. We are a participatory learning environment. ***This is not a lecture class.*** Your grade each week is dependent upon your arrival to class having completed the required readings and or multimedia content and actively participating during the course time period. Class participation is a large portion of your course grade so please be prepared to be a fully engaged learning community member each week.

Term Assignments: During the term you will have three assignments that give you an opportunity to develop your abilities in critical thinking, applied research, and cultural literacy. There are two writing assignments during the term requiring submission of works that are between 3 to 8 pages in length each. The third assignment is a class presentation of 5 to 8 minutes in length accompanied by a visual slide deck. Each assignment is to be completed following the directions provided to students during the course.

COURSE GRADE EVALUATION RUBRIC

Grading rubric is as follows:

Class Participation	=	30%
Weekly Activities	=	30%
Term Assignments	=	40%
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Total	=	100%

Grading Scale:

	A = 95-100	A- = 94 - 90
B+ = 87-89	B = 84-86	B- = 80-83
C+ = 77-79	C = 74-76	C- = 70-73
D+ = 67-69	D = 64-66	D- = 60-63
	F = 0-59	

Rollins College & Course Policies

- All course weekly activity and term assignments must be submitted by the date they are due. Late assignments will not be accepted without a valid excuse (limited to Doctor's Note). In the event that an assignment is missed with a valid explanation, the student will be given a date by which the assignment is required to be turned in.
- **Classroom Technology Policy:** We will regularly use digital technologies during class and you are encouraged to bring smartphones and laptops. The use of these technologies for anything other than coursework is prohibited. Using digital devices for *any* non-course related activities during class will result in a 0 for that day's class. There are no exceptions to this policy. Two violations will result in your being barred from use of digital technologies in the classroom, which may impact your grade, as it will prevent full participation in certain class work.
- All students must adhere to the Rollins Academic Honor Code. A violation of the Honor Code will result in consequences per Rollins guidelines.
- Plagiarism is absolutely forbidden. Any act of plagiarism will result in automatic course failure. If you are uncertain about citations please speak with the professor

Happiness & Culture Syllabus

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directly. There are no exceptions to this policy. Do not plagiarize.

- **Last Date to Withdraw Without Academic Penalty** is October 30th. Students should contact the Holt School Office if there are questions regarding withdrawal deadlines, policies, or procedures. If you are having difficulties in the course, please speak with the instructor first to determine proactive steps to assist you in achieving your goal of course completion.
- **Attendance Policy:** If you are absent more than twice without a valid reason you will receive a full letter grade deduction. If you are absent more than three times without a valid reason you run the risk of failing the course. Valid absences must be documented (doctor's note, accident report, etc.).
- The professor reserves the right to make changes to the schedule/ syllabus provided students are notified of changes within a timely fashion.
- Assistance with writing assignments can be found at the Tutoring and Writing Center. All students (regardless of writing level) are encouraged to take advantage of the helpful editing insights of the Center's staff.

Course and Instructor Evaluation:

At the end of each semester, students are asked to evaluate the course and instructor. These evaluations are extremely valuable in the teaching and learning process on our campus. Student evaluations help assess student perceptions of classroom learning and often lead to improved teaching. Your feedback is important and Rollins students are encouraged to be honest, fair, and reflective in the evaluation process. The online evaluative survey is anonymous. Students are never identified as the respondent. Instead, each student's comments are assigned a random number. You will be asked to rate your course and instructor on a numerical scale and through narrative comments. The online Course and Instructor Evaluation (CIE) process opens at 8:00 a.m. on the first scheduled date. It remains open for a period of 14 days (2 weeks) until 12:00 a.m. (midnight) on the final scheduled date. The evaluation period ends prior to the start of final examinations and faculty cannot access completed evaluations until 10 days after the end of final exams. Students will receive one email at the start of the CIE period, one after the 15th day, and a final reminder the day before the CIE period ends. Students who complete evaluations for all classes will be able to view grades ten-days before students who do not complete an evaluation form. Feel free to contact me with any questions.

Rollins Disability Statement:

Rollins College is committed to equal access and does not discriminate unlawfully against persons with disabilities in its policies, procedures, programs or employment

processes. The College recognizes its obligations under the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990 to provide an environment that does not discriminate against persons with disabilities. If you are a person with a disability on this campus and anticipate needing any type of academic accommodations in order to participate in your classes, please make timely arrangements by disclosing this disability in writing to the Disability Services Office at (box 2764) 1000 Holt Ave., Winter Park, FL, 32789 or email or call the Director of Disability Services, Grace Moskola at 407-975-6463, gmoskola@rollins.edu.

Disability Statement of Our Classroom:

As a professor, I strive to make the classroom an inclusive environment for all learners. Throughout the term, if you have issues related to cognitive or physical ability (this includes anxiety disorders, depression conditions, mental health disorders generally, learning disabilities, and physical disabilities among others) please be sure to let me know what your learning challenge are. We will work together to establish the supports that you need to excel in your academic pursuits.

Academic Honor Code:

Membership in the student body of Rollins College carries with it an obligation, and requires a commitment, to act with honor in all things. Because academic integrity is fundamental to the pursuit of knowledge and truth and is the heart of the academic life of Rollins College, it is the responsibility of all members of the College community to practice it and to report apparent violations. The following pledge is a binding commitment by the students of Rollins College: The development of the virtues of Honor and Integrity are integral to a Rollins College education and to membership in the Rollins College community. Therefore, I, a student of Rollins College, pledge to show my commitment to these virtues by abstaining from any lying, cheating, or plagiarism in my academic endeavors and by behaving responsibly, respectfully and honorably in my social life and in my relationships with others. This pledge is reinforced every time a student submits work for academic credit as his/her own. Students shall add to all papers, quizzes, tests, lab reports, etc., the following handwritten abbreviated pledge followed by their signature: "On my honor, I have not given, nor received, nor witnessed any unauthorized assistance on this work." Material submitted electronically should contain the pledge; submission implies signing the pledge.